




DORM ESSENTIALS CHECKLIST

A Mom's Guide to Sending Your Student Off Prepared, Comfortable & Confident

Congratulations on your acceptance to college! One of the best ways to ease stress is to get organized early.

 **Pro Tip:** Coordinate with future roommates to avoid duplicate items!



BEDDING / SLEEP

- Twin XL Sheet Set (X2)
- Comforter / Duvet Set
- Pillow(s) / Body Pillow
- 2-3" Foam Topper
- Mattress Pad/Cover
- Mattress Encasement
- Blackout Curtains
- Clip Bed/Desk Fan
- Alarm Clock
- Bedside Shelf
- Ear Plugs / Eye Mask
- Noise Machine
- Headboard (opt)



SHOWER / BATH

- Mesh Shower Caddy
- Towel Set
- Robe / Towel Wrap
- Shower Shoes
- Hanging Organizer
- Hair Dryer
- Makeup Organizer
- Waterproof Speaker



ELECTRONICS / TECH

- Laptop
- Power Strip (USB)
- Headphones
- Portable Charger
- Charging Desk Lamp
- Charging Nightstand
- Air Filter
- TV / Speakers
- USB Drives
- Gaming Gear
- Printer



KITCHEN AND FOOD

- Refrigerator/Freezer
- Microwave
- Hydro flask/Mugs
- Food container set
- Plastic/Metal Utensils
- Dish Soap / Towel
- Microwave Bowls
- Reusable Ice Cubes
- Waste Basket
- Keurig / K-Cups
- Can Opener
- Paper products



LAUNDRY / CLEAN

- Laundry Basket
- Laundry Backpack
- Detergent sheets
- Dryer Sheets
- Vacuum (Dirt Devil)
- Swiffer
- Lint Brush
- All Purpose Cleaner
- Cleaning Wipes
- Febreze/Plug-in
- Trash Can/bags
- Paper towels/Kleenex



SCHOOL SUPPLIES

- Backpack
- Binders / Notebooks
- Pens/Pencils
- Highlighters
- Post-it Notes
- Ream / Graph Paper
- Dry Erase Board
- Stapler / Clips
- Hole punch
- Desk Organizer
- Scissors / Tape
- Graphing Calculator



HEALTH / CARE

- First Aid Kit
- Shampoo/Conditioner
- Ibuprofen/Antacid
- Deodorant
- Comb/Brush
- Cold Medicine
- Facial Products
- Cotton Swabs/Q-tips
- Tweezers
- Vitamins
- Chapstick
- Dental Care
- Nail Clippers
- Benadryl/Alcohol
- Bug Spray
- Antidiarrheal med



CLOSET / STORAGE

- Under Bed Storage
- Closet Organizers
- Over Door Mirror
- Over Door Storage
- Area Rug
- Hangers/Extenders
- Command Strips
- Sticky Tack
- Locking Jewelry Organizer
- Desk Chair
- Wall Art
- Decorative Lighting
- Small Safe



MISCELLANEOUS

- Mini Tool Kit
- Sewing Kit
- Umbrella
- Board/Card Games
- Flashlight/Batteries
- Door Stop

Move-In Day Tips (Mom-to-Mom)

Move-In Day will be hectic. Make sure someone stays with things if separated. Label all boxes: **Name, Student ID #, and Room Number.**

Find curated recommendations at www.DormEssentialsList.com